



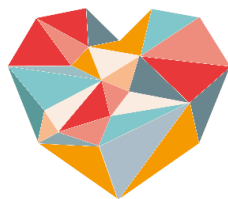
# Art with Sense

Área de Educación Museo Nacional Thyssen-Bornemisza

Fundación Alzheimer España



THYSSEN-  
BORNEMISZA  
MUSEO NACIONAL

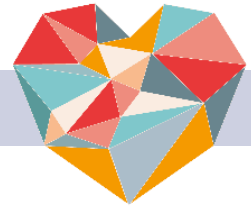


Dementia  
in Cultural Mediation



With the support of the  
Erasmus+ Programme  
of the European Union

# The activity



## Name of the activity

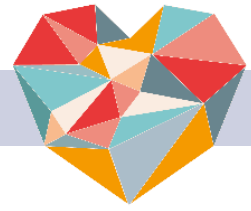
Art with Sense.

## Summary

In one of the workshops that we have co-designed with the FAE, based on the ideas of visual culture and popular culture, we asked the participants in the activity to select their favorite song and look among the works of the Museum for the one that could be the album cover for that song.

We launched the proposal as a game. Talk about the play first, try to guess which song it can fit with and finally listen to the song in front of the play.

# Content



## Target group

People living with dementia and their accompanying family members and cohabitants.

## Objective

The objectives of the activity are to provide a satisfactory and safe experience in a cultural space such as the Museum, guaranteeing the right of people with dementia to participate in cultural and community spaces and activities in an active way and in a manner adapted to their needs.

Other objectives

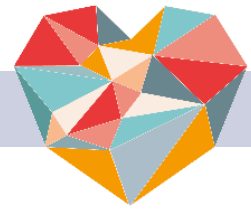
Give a framework of respite and enjoyment to caregivers and companions allowing them to share and enjoy a shared cultural experience in a framework of comfort.

To express and share our tastes, memories and memories through the contemplation of works of art and musical compositions combining elements of visual culture and popular culture.

## Partners

In the present practice, the collaboration is based on a shared design with the Alzheimer Spain Foundation according to its reality and needs. But the activity can be extrapolated to any resource for the elderly.

# Practical



## Venue

The activity has been designed to take place in the halls of the Museum, with hand chairs available so that we can stand and sit comfortably in front of the works while we carry out the activity.

### Basic aspects for the development of the activity:

- In our experience the ideal group is about fifteen participants between people with dementia and their companions, about seven couples.
- The use of hand chairs is recommended.
- In our case, there is a public parking near the Museum.
- In our case, being in the center of the city, it is well connected by public transport to access the Museum.
- The Museum has been recognized as an accessible Museum.
- For the development of the activity it is convenient to have a cell phone, tablet, pico projector and access to YouTube, Spotify list or have downloaded the music tracks on a device or player.

## Day, time & duration

The activity takes place in the afternoon between 16:00 and 19:00, with a flexible schedule depending on the participants, it usually lasts between two hours and two and a half hours.

## Group size

The participating groups are usually about fifteen participants divided between people with dementia and accompanying persons, in addition to the Occupational Therapist of the ALZFAE Foundation and the Museum's educator.

## Supervisors and hosts

The activity is carried out with the support of the family and the Museum professionals and the Foundation.

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## Materials & facilities

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The materials needed are hand chairs to be able to sit in front of the works of the Museum and a device that can play the selected musical themes.

The foundation always provides juices and soft drinks to drink at the end of the activity and a small closing with a sharing session.

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## Costs

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The activity in the museum is free of charge.

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## Name tags

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Within the activity we dedicate some time at the beginning to the introductions so that the Museum educator can remember the names of the group, although we do not use them habitually the labels with the names can facilitate the knowledge of the names of the others.

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## Memento

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The experience does not result in a material memory, although recovering and sharing musical biographies makes us aware of the number of musical themes selected by others that also belong to our musical and emotional memory.

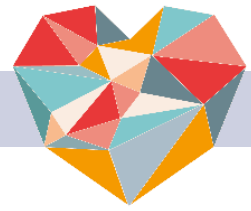
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## Afterwards

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Normally the photos and videos are recorded by the accompanying persons for their own enjoyment, but both the Foundation and the Museum have consents for the transfer of image rights for the documentation of the activity.

# Communication & Registration



## Communication

In our case, ALZFAE disseminates the information internally to its members through its social networks and by mail.

## Registration

In our case, people register by mail or by telephone with the ALZFAE Foundation.

# Description & Program



- We pick up the participants at the entrance of the Museum, accompany them to the checkroom where we leave coats, bags and backpacks and collect folding chairs or cane chairs for the participants.
- Once we have the chairs in a clear and quiet corner of the Museum hall we proceed to introduce ourselves, describe what the activity will consist of and what the process will be like.
- We talk about the songs selected by the participants that the Museum educator has previously received in order to make the selection of works from the Museum that illustrate each musical theme selected by each participant, in total no more than five themes.
- We approach the activity as a game in which we first talk about the painting, what it looks like and what it produces in us, how it makes us feel, what things it evokes or reminds us of, and then we try to guess which of the selected musical themes it could fit with.

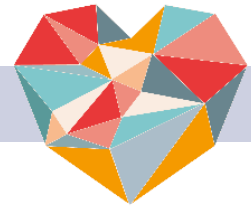
The Museum educator reveals the relationship he has established and we all discuss whether it is appropriate or not. Finally, we listen to or watch the musical theme and if it is available we watch the video on the Tablet, phone or project it next to the work with the pico projector. This is a moment in which the group is usually encouraged to sing the chosen songs. As a closing of each of the works the person who has selected the musical theme or their family member or companion shares with us the meaning, the memory and the reason for the selection of that musical theme. As a closing we usually meet in the workshop, share a juice or soft drink, share the experience, make a closing reminding the most significant of what happened and saying goodbye.

# Evaluation



The evaluation is carried out by the occupational therapist of the Alzheimer Spain Foundation through a questionnaire and a verbal assessment of satisfaction or not with the experience.

# Checklist, when to do what



## One month before the activity

- Close calendar dates for the activity,
- Proceed to communicate them to potential participants

## Two weeks before the activity

- Close the final list of participants.
- Ask them to choose the musical themes that are important to them, one theme for each participating couple, no more than five themes per session.

## The week before the activity

- Search for relationships between works in the Museum and the chosen musical themes, locate the videos or songs and prepare them on the tablet, spotify list, or download them on a card for the pico projector. If you have access to the Internet, with the connection to YouTube can serve

## The day before the activity

- Check that all materials and devices are ready, certify the attendance of registered persons, transmit all instructions for location, transport, etc.

## Day of the activity

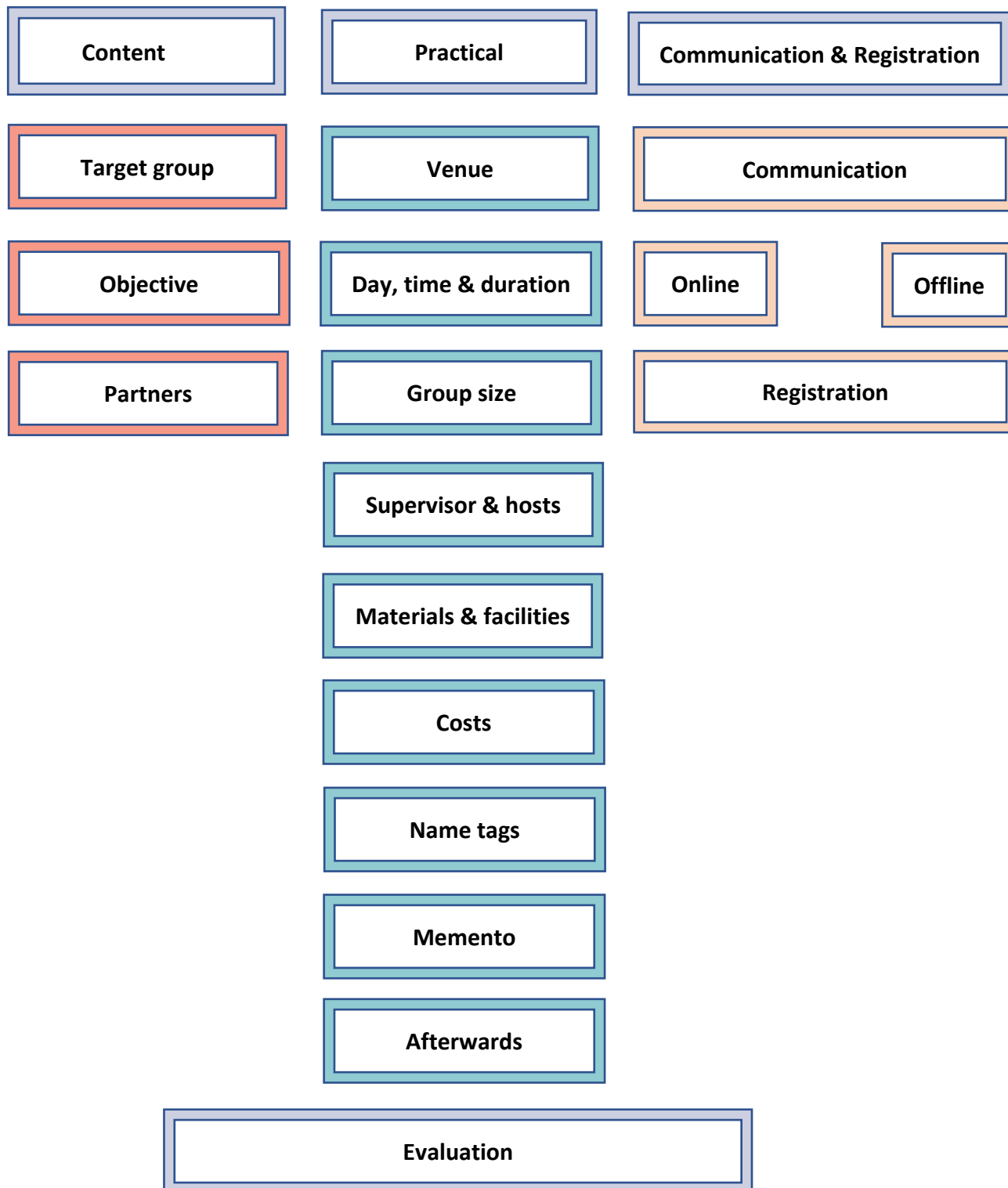
- Creation of a space of trust, comfort and security so that participants feel as comfortable as possible.

## Corona

During the pandemic, the activity was carried out by videoconference using presentations with links to the Museum's works and You Tube videos; in the return to face-to-face activities, we maintained the use of masks indoors.



# Points of attention



*Inspirational page relevant to the activity*

*Add pictures, collages, illustrations, quotes, etc*