

Welcome

At the start of the workshop, the purpose of the exhibition is explained based on a clear vision: people don't have to be artists to participate. There is a warm welcome with coffee and tea.

Target group

People with dementia living at home, in residential care or in day care, but also the broad community: schools, local organizations, ...

Supervisors

A maximum of two supervisors, mostly volunteers. It is important that they can adapt to the participants and, above all, know how to guide people with dementia, with knowledge of the dementia process. It is best to check in advance with the volunteers what they know about dementia.

Objective

Bringing people together through arts and culture and in this way letting them (re)discover their capacities. We want to create a beautiful 'NOW moment' and make connections between different target groups.

Group size

There are no limitations concerning the number of participants.

'Talent from the neighborhood – art and dementia visiting Mechelen'

A travelling exhibition throughout the city of Mechelen in Flanders with artworks based on cocreation with people with dementia during

Duration

Three hours are provided for a workshop.

Materials

Cardboard boxes, basic craft materials and everything you come across can be used: ribbons, newsprint, beads, shells or stones. Coffee and cookies are also a very important part of the workshops.

Facilities

A local service center is an ideal place to organize a workshop. Sufficient space where the exhibition can be presented afterwards is of course a basic requirement.

Goodbye

Being creative is one thing, but leaving enough time and space to talk, meet fellow people with dementia or informal caregivers and enjoy a cup of coffee are also important to round up the activity.

Tips

Structure in the workshop provides peace of mind and a safe environment. A vernissage is organized at the start of the exhibition as a thank you for all the artists and their cooperation.

