

We start with warm-up exercises.

Target group

We train our participants to work with people with all stages of dementia.



Teachers and trainers with expertise in the field of dementia and/or theatre techniques.

Objective

Giving people tools to make theatre for people with dementia and to connect with them through theatre.

Group size

Maximum 30 participants.

Making connection through theatre

Opendoek

A training course to encourage people to make theatre for people with dementia.

Duration

A 3-4 month training, with classes every 7 or 14 days.

Materials

Chairs, costumes, props, music ...

Facilities

A large space with natural daylight, a parquet/ballet floor and good acoustics.

Goodbye

No goodbyes: we continue to provide guidance and followup after the training and two try-outs in care facilities.

Tips

 Mix of participants with either a background in care and/or theatre. They can learn from and support each other.

