

Provide a clear start to the story. Reading and storytelling is an interactive process from the start: try to involve the person with tools or stimuli during a warm welcome to set the tone.



People with advanced dementia.



One cultural mediator or caregiver who guides the activity.

Objective

To provide people with dementia with a pleasant and relaxing moment.

Group size

Individual activity.

Duration

30 minutes.

Multisensory Storytelling

Reading multisensory stories to people with advanced dementia.

Materials

A multisensory story of 6-8 sentences and a box full of multisensory stimuli.

Facilities

A quiet room, a table and a comfortable chair.



Always end the activity with a recognizable stimulus, ex.
Drinking or eating something.

Tips

Use an existing story or create one yourself.

Teach this methodology to informal caregivers. It can be a nice activity for them too.

