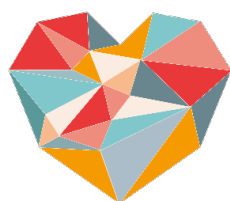




Demensfællesskabet Fyn (The Funen Dementia Community).
KUNSTMUSEUM BRANDTS, Odense



ODENSE
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BORGERSERVICE

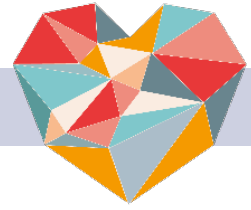


Dementia
in Cultural Mediation



With the support of the
Erasmus+ Programme
of the European Union

The activity



Name of the activity

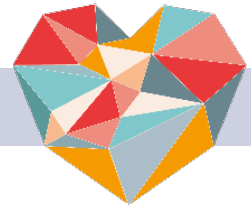
‘Culture club at the library for people living with dementia’
The name covers various cultural activities both indoor and outdoor.

Summary

We have made the culture club at the library in order to offer cultural events for couples where one of the couple is living with dementia. In this club the couples have mutual experiences. Another very important cause of making this club is to connect both the people living with dementia as well as their relatives. We also wish to create “a room” of confidence and the feeling of being safe.

We start up a new club in the autumn and again in the spring. We invite the couples we know and we also ask our partner “Demensfælleskabet Fyn” to tell their users about the club. Each season we have had 6-7 couples participating. We try to have a theme each season and we have had art as a theme and we have had “get to know your city” as a theme. The activities are various, for example a guided tour watching sculptures in the center of the city, guided tours at the art museum “Brandts”, a philosophical talk about art, a guided city walk concentrating on the shops of the city, a guided tour at the town hall and also a guided tour at the harbour. Each activity ends with all the participants sitting together having a cup of coffee – and talking together.

Content



Target group

It is an activity for people with an early stage of dementia still living at home – and for their closest relatives.

Objective

The activity is an offer of cultural events to couples with one of them living with dementia and thereby being prevented from participating in “ordinary” cultural events. We also want to connect people being affected by dementia – both the person living with dementia and the relatives.

Partners

The organisation “Demensfællesskabet Fyn” The Funen Dementia Community, helps us recruit participants.

The Funen Dementia Community is a counselling and activity center with activity offers for people with early-stage dementia and their relatives.

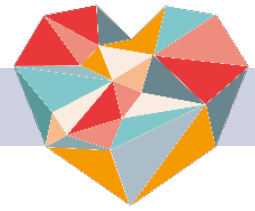
The center is an offer under the Alzheimer’s Association.

In addition, there are several volunteers attached as well as relatives and professionals.

The purpose of the Counselling and Activity Center is to create an inclusive community where meaningful activities and counselling are in natural interaction and development. Together, we create new opportunities and content-rich activities for people living at home with dementia and their relatives.

In the activities we also collaborate with KUNSTMUSEUM BRANDTS, Odense (Art Museum).

Practical



Venue

The activities take place in different places depending on the activity. Because of the covid 19 situation we have many outdoor activities.

Day, time & duration

All the activities take place in the late afternoon from 4.30 pm to 6 pm in order for relatives still working to be able to participate.

Group size

We prefer 5 couples and a maximum of 7 couples. To provide space for as many people as possible to want to participate in the conversations and to create a safe atmosphere in the activity, promote that you are not too many.

Supervisors and hosts

As the activity includes relatives it is not necessary with volunteers.

Materials & facilities

The only thing needed is a cup of tea/coffee. If it is a singing or reading activity, it is a good idea to bring printed texts that the participants can also take home. When the activity has taken place outdoors, we finish with a cup of coffee at a local café.

Costs

In this case, there are no expense for the participants. The library paid the fees for the guides and the coffee.
As the participants' financial situations vary a lot, it is preferable that the activities are free or very cheap.

Name tags

We don't use name tags.

As the activities do not take place around a table, it is not relevant with name tags.

To create a higher degree of community, it may be a good idea to make presentations and name rounds.

Memento

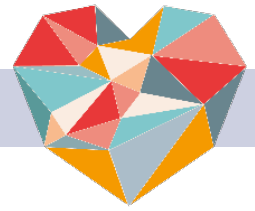
You can, for example, choose to give the participants photos of what they have seen or experienced along the way. It can be used for conversations when participants come home.

Afterwards

We have no additional action. We don't feel it is necessary when we are going to meet again, for a new activity.

Our follow-up at the event is that the relatives participate in the activity and therefore are able to subsequently talk about the experience at home.

Communication & Registration



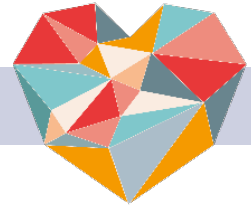
Communication

We use both mail and flyers. We do not mail the participants until approximately 14 days before the activity takes place. We also sent a reminder a few days before the activity takes place. The activity is posted on the Dementia Community's event calendar.

Registration

They sign up by email and we send a confirmation mail in return.

Description & Program



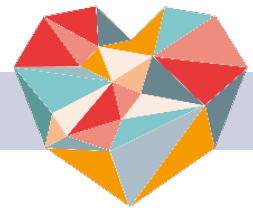
Regarding the indoor activities we always set the table with coffee cups to make the atmosphere cosy. Regarding the outdoor activities we always end the activity at a café having coffee/tea. It is very important to have time to talk.

The participants enjoy very much being a part of the culture club – because the reason for being together is not about the disease but about having a cultural experience. It is in a kind of contrast to visit The Alzheimer's Association.

These were activities that everyone else can also participate in. But the difference here is that it is held for a smaller group and that the pace is slowed down. Many of the activities are also offered to other library users, but with more participants.

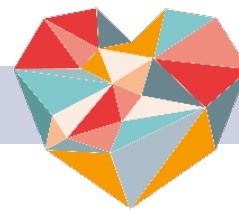
The fact that there are relatives involved in the activities makes a big difference in terms of how the activity is conducted and it is not necessary to take as many considerations as one would otherwise do.

Evaluation



We make a logbook with notes after each activity, which we use to assess and learn from for the next activities. The culture club consists of a series of activities, which are evaluated jointly with the participants after each event.

Checklist, when to do what



One month before the activity

- Plan the activity
- Booking of guided tours and presenters
- Dissemination via the Dementia Community's activity calendar

Two weeks before the activity

- Invite participants

The week before the activity

- Book a table in a Café

The day before the activity

- Send a reminder

Corona

It is affected in the way that we prefer outdoor activities. By placing the activities outdoors, it has made it possible and safer for the participants to meet.

The activities can take place under the corona, if reservations are made for the statutory national and local restrictions and recommendations that have been announced, at the time of the activities

Points of attention

