

Use a short Meet & Greet" and tell the participants what will happen in the planned activity.

Target group

People with an early stage of dementia who still lived at home and lived an active life.

Supervisors

Two employees from the Library were hosts at all the meetings. They were not specifically trained for the job, but both had a bit of previous knowledge of working with people with an early stage of dementia.

Objective

Offering the participants a meaningful cultural activity that would help to enhance their life quality for a period of time.

Group size

Four participants with an early stage of dementia plus three relatives.

Sense of Literature

Heidie Schjøtt Grummesgaard

Using all senses for experiencing literature.

Duration

Each meeting lasted from 10 o'clock until midday. After which the participants were very tired.

Materials

All sorts of different items were being used in the conversations related to the theme of the specific activity.

Facilities

Food and coffee/tea for the participants.

Goodbye

At the end of each meeting the participants got at pamphlet with the date, time and headline of the next meeting.

Tips

Using all sense is a giving and useful way to mediate literature for this usergroup.

