

Brief introduction to the concept of the activity.



stage of dementia was our target group, but this activity can easily be transformed to other groups.



You'll need help setting up the tables and chairs and for making coffee and tea.



Making participants able to enter a philosophical dialogue with each other and train their cognitive, personal & social skills.

Duration

A philosophical dialogue lasts typically 45-60 minutes.



The facilitator shouldn't be telling the purpose of the activity, as it can have a dampening effect on the participants and on the open dialogue.



Group size

Five to ten participants is the most optimal number for this activity.

Materials

The facilitator might need equipment for showing a film or pictures in order to kickstart the dialogue.

Facilities

Philosophical Dialogue

Anni Nielsen

Making participants able to enter a

philosophical dialogue with each other and train their cognitive,

personal & social skills.

You will need tables and chairs and to be able to serve coffee and tea to the participants. Being able to sit in a circle is preferable. Find a peaceful place to have the activity.

Goodbye

Optionally: round up the activity with a small light exercise where the participants get to move a little.