

## Welcome

Start the activity with an introduction with coffee/tea. The host explains the program at the start of the activity and he/she will involve caretakers and relatives which are present.

## Target group

People with dementia in every stage. The objects in the box can address to all senses, so persons with hearing or visual problem can still join the activity.

## Supervisors

At least one trained host is required for this activity. More supervisors are recommended to improve quality of the activity. Supervisors will be trained in the museum to become hosts. If the activity is in the museum, additional partners or organizations are not needed.

## Objective

The objective is to evoke memories and inspire the participants to share their stories with each other.

## Group size

Best in small groups (max. 15 persons, depending on the space). The group should be big enough to interact and small enough to share stories.

# Memory boxes

*Is a physical box with which stories can be told. The use of the box is interactive and can have different themes.*

## Duration

1,5-2 hours. Visit the museum when it is organized there, if not: extra information can be given through additional stories or a short lesson/lecture.

## Materials

A computer with HDMI connection, a beamer to show pictures and videos and some kind of audio equipment. Enough tables and chairs. The required materials for the box depends on the story.

## Facilities

The activity can be in any location. It must be accessible for everyone, also for people who are not able to come to the museum.

## Goodbye

At the end of the activity a photo can be taken, so they can share this afterwards. Another possibility is that participants write a postcard with their own story and send or give it to someone.

## Tips

The table and chair settings should make communication within the group, with the supervisor and the hosts better.

