

Personal welcome at the main entrance followed by a clear introduction.

## Target group

People with mild to moderate (young-onset) dementia and their caregiver.

# Supervisors

Two museum guides, both focusing on the content of the tour and providing logistical support when the other guide is speaking.

# Objective

Making art accessible to people with (young-onset) dementia and creating a valuable experience where enjoyment is key.

### Group size

Minimum 1 and maximum 6 to 8 people with dementia + one caregiver per person.

# MEET ME @ MIDDELHEIM MUSEUM

A guided tour in an art park for people with (young-onset) dementia and their caregiver where the museum guide uses the slow art technique.

#### Duration

1.5 hours + 30 minutes closure

## Materials

- Portable folding chairs
- Sheet with stickers
- A pen
- Postcards of one of the sculptures
- Additional didactic material depends on the museum guide

## Facilities

- Nearby toilets that are also accessible for wheelchair users
- A place where the group can meet to round off the guided tour (possibility of a drink)

## Goodbye

Sitting down and chatting together for half an hour to round off the tour.

- Participants are asked individually about their experiences.
- A postcard of one of the sculptors is given as memento.

## Tips

- Welcome ritual to create a welcoming environment
- A sense of humour
- No wrong answers when sharing experiences
- Asking permission before addressing participants by their first name

