#### Welcome

When the participants are seated, they are offered coffee, tea and sweets. Warmly welcomed by host/guide and a brief explanation of the activity.

## Target group

People with dementia and their caregivers

# Supervisors

- One host/guide.
- One or two supervisors for extra help.

## Objective

Evoke memories and inspire the participants to share their stories with each other.

#### Group size

Max. 15 participants.

# A box with (your) stories

Hunebedcentrum

A physical box with stories to be told. The box can have different themes.

#### Duration

Within 1,5 till 2 hours.

#### Materials

- Required materials for the box.
- Electricity and hardware to share sounds within the box.
- Computer or laptop with HDMI
- Beamer and audio equipment.

#### Facilities

- Accessible location for people with disabilities.
- Coffee and tea.

## Goodbye

Group talk about the activity/experience. Group photo if organised in museum, received afterwards by email. Thank you and goodbye.

### Tips

- Be accessible for everyone.
- Create time to share stories and experiences of the participants.
- Take your time and be friendly, open and calm.

