



# Dementia in Cultural Mediation

## NEWSLETTER # 4



### Newsletter Dementia in Cultural Mediation #4 February 2022.

#### Learning Teaching Training in Groningen

The project was lucky to get to a “real-life” Learning Teaching Training workshop on two beautiful days in late September in Groningen, Holland.

At a beautiful room in Hotel Schimmelpennick Huys, we had a cascade of exciting and clever presentations from all partner countries.



We started with Het Bataljong, a theatre Project with people with Young Onset Dementia on day one. Then we moved on to Music & Meditation, a project presented by Niels Mark from Odense Libraries on the benefits of people living with dementia acquiring some of the techniques behind meditation to focus on their everyday lives.

After Lunch, we welcomed Zainal Palmans present Playful Mind, a project using the top-rated board game Draughts/Checkers with people living with dementia. After the presentations, we all got to play a game of Draughts/Checkers, and we received a game as a gift.

Finally, Marjan Oostmeijer presented Dancing Stories focusing on the non-verbal communication of the dance, which proved to be very well suited for giving people living with dementia a perfect time.



The second day started with Mette Gregersen presenting Culture Club from Odense Libraries. Culture Club was born after experiencing a lack of cultural activities for people living with dementia and their spouses and unique needs. Then we were back to dancing with Invisible Beauty by Al do project dance company presented by Iker Arrue. It is a beautiful series of creative seminars utilising contemporary dance to stimulate cognitive responses and memory recognition in people living with dementia.





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David Vinuales Alzheimer's disease and image showed the power of photography as a tool for making connections with people living with dementia.

Finally, we rounded the day off with Marika Vansant presenting Talent from the neighbourhood – art and dementia visiting Mechelen. She showed how bringing people together through arts and culture let people discover their capabilities.



On day three, we started with Piet van Hecke, M HKA, presenting The power of imagination, contemporary art and dementia, showing how interactive guided tours at the museum for people with dementia and their caregivers strengthen their bonds.

Finally, Sofie Wanten, Opendoek, talked about the upcoming project, Increasing public support through theatre. The project aims to encourage people who make theatre volunteers or professionals take on a social role regarding people with dementia.

### DCUM Frameworks and videos

The DCUM-project is entering the last stage of the project period, and the different project deliveries are reaching final versions. As we write this newsletter all the Frameworks are in the editing stage and close to being done.

The Frameworks are the guidelines for the cultural mediators as they start planning cultural activities for people living with dementia. In the digital toolkit cultural mediators will find 30 different activities presented through a short video followed by a Framework describing "How to do it at home".

The guidelines contain detailed descriptions of the activity, which aspects to be especially aware of when planning the activity including locations, participants, materials and other tips and tricks specifically aimed at the cultural mediators.

The Frameworks will be accessible from the DCUM-Website in connection with the Training Material and videos.



As mentioned above, a comprehensive TOOLKIT is being developed, including 30 videos that convey content, approaches and reflections on different ways and methods of involving people living with dementia in cultural activities.



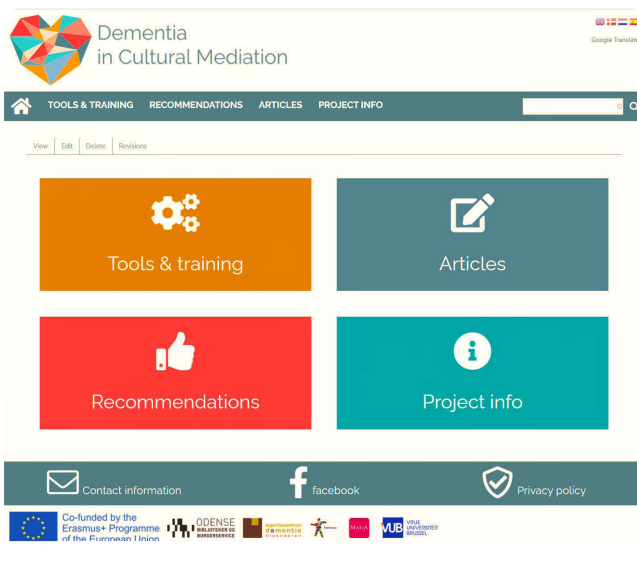


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In the videos, a local Cultural Mediator describes how artistic practice and associated activities can be planned and carried out and gives good advice to other interested Cultural Mediators. The tools are categorized within cultural areas, such as Music, Literature,



Physical Activity, Art and Nature. For each of the videos, and extended didactic description has been made containing good advice and points of attention. The TOOLKIT supports the professional Cultural Mediators in their inspiration process, the practical planning and execution of cultural activities, and the tools' implementation in their practice.

Watch a video example here: [https://www.youtube.com/watch?v=hUb--\\_Ji50o](https://www.youtube.com/watch?v=hUb--_Ji50o)

### Final Joint Meeting and Multiplier Events in 2022

2022 will be the last year of the DCUM-project- the year of finalization, launching of toolkit and dissemination of all the project results.

The DCUM-project was kicked off in Denmark in November 2019, where all the partner organizations as well as the Reference Group gathered to make the best start-up of the project. In 2022 the same group of people will meet in Spain to finalize the project, discuss, and coordinate the final process of dissemination of the results across Europe in the last months of the project.

In addition to the Final Meeting all partner organizations will plan a national Multiplier Event in their country during the spring or early summer 2022. The aim of the Multiplier Events will be to disseminate and spread the project results to relevant stakeholders, politicians, and cultural mediators. Stay informed about the dates and information on the DCUM Facebook page or contact the project partners for more information on how to register for participation in the events next year.



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