

Person centred approach and people living with dementia



Dignity is an essential part of living a life of quality.

Dignity is also a complex concept that can include different aspects such as:

- ❖ **Respect for the person's autonomy and integrity.**
- ❖ **Recognise the person's sense of self.**
- ❖ **Have a life with purpose.**

Unicity

Advocate for the unicity of each person.

Support each Life project

Knowing and supporting what is important and significant for a purposeful life of each person at that moment of life.

Right to control our own life

No matter what our cognitive abilities are, we all have the right to control our own life.

Focus on strengths

Keep the focus in strengths and capacities, not in limitations.

Create purposeful environments

We all need places and activities that give structure, meaning and pleasure to our lives.

Help to engage in meaningful activities

We find our life significant by "doing", and occupation is considered as very relevant for a life with quality.

The importance of others

Social relationships are of vital importance for humans in all life stages.

